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The Self Esteem Collection: Unleash Your Confidence - 4 In 1 Bundle



Synopsis

Live a life of confidence and power. Put the past in the past, embrace your future, and start building positive self-beliefs and self-esteem. This hypnosis program from world-renowned life coach and hypnotherapist Amy Applebaum helps you develop the positive thinking and empowering self-beliefs that will encourage and motivate you, and leave you feeling confident and strong. This bundle of hypnosis programs has been specifically designed to help you build beliefs for confidence and self-esteem. Boost that self-confidence today!

Book Information

Audible Audio Edition

Listening Length: 5 hours 49 minutes

Program Type: Audiobook

Version: Unabridged

Publisher: Hypnosis, Meditation and Coaching Group, LLC

Audible.com Release Date: December 21, 2015

Language: English

ASIN: B019ND3KTM

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